

PATIENT HISTORY

NAME: Text DATE: _____

1. Please indicate your key skin concerns or areas that you would like to improve.

2. Please indicate which aesthetic treatments you have done in the past. Be sure to include **date of the last treatment** and your **level of satisfaction with results**.

FACE

- Fine lines and wrinkles
- Submental fullness "double chin"
- Laxity/loss of firmness
- Loss of volume
- Hair loss
- Uneven skin tone
- Blotchiness/redness
- Spider veins/vascular abnormality
- Pigmentation
- Rough, uneven texture
- Dryness
- Large pores
- Acne/breakouts
- Acne scarring
- Abnormal scarring
- Unwanted hair
- Other (please specify) _____

- Microdermabrasion
- Chemical peels (*list what type*)
- Botox
- Fillers
- Photorejuvenating Laser (*list what type*)
- Skin Tightening Laser (*list what type*)
- IPL
- Laser hair removal
- Cosmetic surgery

3. Please list your full AM & PM skincare regimen.

EYES

- Fine lines and wrinkles
- Dark circles/uneven pigmentation
- Puffiness
- Under eye bags
- Drooping eyelids
- Loss of volume
- Laxity
- Thinning/crepey skin
- Sparse eyelashes
- Other (please specify) _____

4. Please check all of which you would like to learn more about.

LIPS

- Fine lines and wrinkles
- Loss of volume
- Thinning/crepey skin
- Other (please specify) _____

- Comprehensive Wellness Analysis** – Pinpoints nutrient deficiencies, cortisol levels and food sensitivities that can cause chronic inflammation and accelerated glycation. Results are used to build custom treatment plans addressing overall wellbeing and beauty from the inside out.

Request Patient Testimonials

- View our Before & After Galleries** – Including injectables, body contouring, laser resurfacing, cellulite reduction & hair restoration.
- Request a detailed AM/PM skincare regimen** with one of our Clinical Aestheticians.
- Tour our state-of-the art clinical spa, Russak+ Aesthetic Center.**

BODY (please specify exact area)

- Unwanted fat/contouring
- Cellulite
- Abnormal scarring/stretchmarks
- Thinning/crepey skin
- Loss of laxity/firmness/volume
- Rough uneven texture
- Underarm sweating
- Unwanted hair
- Other (please specify)