

Russak
RUSSAK DERMATOLOGY CLINIC

[MENU](#)

Welcome

In founding **Russak Dermatology Clinic**, my mission was to create a state-of-the-art practice that would provide comprehensive care in medical and cosmetic dermatology. At our office, we never compromise on quality and exclusively use cutting-edge technologies that reflect the latest in medical advancements to treat age-related and hereditary concerns on both the face and body for vivid results.

My philosophy has always been rooted in the principle that preventative care helps delay long-term, intensive correction—it is all about starting younger with scientifically-validated treatments and synergistic at-home care that provide targeted solutions. This is why we opened **Russak+ Aesthetic Center**, a dedicated skin lifestyle haven that features integrative and holistic aesthetic treatments that address your body's total wellness inside and out.

Altogether, our dedicated dermatology clinic and aesthetic center offers you a singular destination for skin health and treatment, with an emphasis on enhancing and complementing your natural features and providing you with the best in skincare education.

Thank you for entrusting my team of experts and I with your skin care needs. I invite you to discover our customized services—uniquely curated and developed for you.



Julie Russak, MD



Our Founder



JULIE E. RUSSAK

M.D., FAAD.

Dr. Russak is a Board Certified Dermatologist, Fellow of the American Academy of Dermatology and founder of Russak Dermatology Clinic.

Dr. Russak has received numerous honors and recognition of her clinical excellence, including being selected as a “New York Super Doctor” by *The New York Times*. In addition to her excellence as a dermatologic surgeon, Dr. Russak has distinguished herself in the medical community through her clinical research, scientific presentations, publications and aesthetic approach. Patients seek out Dr. Russak’s unique 3D Facial Restoration method from all over the world, for a naturally lifted and refreshed look.

Dr. Russak is an essential resource to the media, including beauty editors, research analysts and journalists.



OUR EXPERTS



AMANDA DOYLE

M.D., FAAD.

Dr. Doyle is a Board Certified Dermatologist, Fellow of the American Academy of Dermatology and active member of The Women's Dermatologic Society. Dr. Doyle has received numerous honors and awards for her clinical excellence and research contributions within the field of dermatology. Dr. Doyle specializes in general, surgical and cosmetic dermatology with a focus on acne, fillers, Botox and laser techniques. Having studied art and design in Paris, Dr. Doyle hails from a unique background in her cosmetic dermatology work. She incorporates this training into her day to day, using the gentlest techniques to deliver a refreshed, natural look for her patients.



IRIS LOOI

PA-C, MMSc.

Iris Looi is a board-certified dermatology physician associate and member of the American Academy of Physician Assistants and the Society of Dermatology Physician Assistants. She received her Master of Medical Science from the Yale School of Medicine Physician Associate Program and was trained in the Yale New Haven Health System, Memorial Sloan Kettering Cancer Center and New York Presbyterian Weill Cornell Medical Center. Iris's clinical expertise extend to many aspects of general and cosmetic dermatology.

OUR EXPERTS



MEREDITH HARRIS

Lead Medical Aesthetician & Laser Specialist

Meredith Harris is the lead Medical Aesthetician and Laser Specialist at Russak + Aesthetic Center with over nine years of experience in both medical and cosmetic dermatology. She prides herself on always keeping up with the latest and greatest in cutting-edge technologies so that she and the practice can always offer clients the best in facial rejuvenation, laser technologies and body contouring treatments. Her high client retention is a testament to her consistent delivery of measurable results. Some of her specialties include skincare customization, high-end facials, chemical peels, microneedling with PRP, laser resurfacing, skin tightening technologies, body sculpting and microblading. Her talents and passion for skincare backed by science, has helped shape what Russak+ is today: a clinical haven for cosmetic innovation.



WHITNEY HODNETT

Medical Aesthetician

With a passion for helping clients with severe and perpetual skin concerns, Whitney Hodnett is the perfect addition to our patient-centric medical spa. Whitney has over five years of experience in dermatology and medical spa settings. Her priorities as an Aesthetician is to provide her clients with a tailored plan of action and educate them on self-care. Whitney believes that utilizing the latest technologies is just as important as adopting a maintenance regimen for optimizing results. Her specialties include skin tightening, body contouring, lasers, high-end facials as well as bridal and special events prep. Whitney was People Magazine's pick for an on-set aesthetician for their "Not a Drop of Makeup" shoots. Whitney has performed treatments on celebrities including Susan Sarandon, Priyanka Chopra, Danielle Brooks, Anna Chlumsky, Brooke Shields, Vanessa Hudgens, and more.

SIGNATURE TREATMENTS

3D FACIAL RESTORATION

This uniquely customized treatment combines neuromodulators, dermal fillers, thread lift and skin-tightening and resurfacing procedures to restore a naturally lifted, refreshed and youthful appearance.

HAIR RESTORATION THERAPY

Our clinically proven unique hair restoration method utilizes sub-dermal injections and microneedling coupled with PRP stem cell technology, supplements and Dr. Russak's proprietary regrowth serum to address thinning hair. This innovative approach reactivates hair follicles to stimulate regrowth for fuller, denser hair. A series of 6 sessions is recommended for optimal, long-term results.

COMPREHENSIVE WELLNESS ANALYSIS

In-depth wellness analysis pinpoints individual nutrient deficiencies, mineral levels and food sensitivities that can cause chronic inflammation and glycation leading to premature aging. Results are used to build a custom treatment plan that includes one-on-one health coaching with our in-house holistic nutritionist, to addresses beauty needs and enhance wellbeing from within.

IV NUTRIENT THERAPY

This innovative therapy rapidly boosts nutrient levels by infusing the body with vital, customized vitamins, minerals and antioxidants to replenish depleted nutrients and fluids. Our treatments are uniquely formulated around your skin and body's needs to promote energy, repair, boost the immune system, detoxify and promote overall body-skin wellness from the inside out.



INJECTABLES

NEUROMODULATORS

Botox®, Dysport™, and Xeomin® temporarily relax muscles to smooth the appearance of moderate to severe frown lines, wrinkles and crow's feet while also preventing the formation of new ones. Recommended every 3-4 months.

DERMAL FILLERS

Hyaluronic acid fillers instantly add volume, fill in lines, contour and lift the face resulting in a natural, rejuvenated look. Fillers effectively uplift features that appear flat or sunken in, especially on the cheeks, lips, under eyes, temples and jawline. Available dermal fillers include Juvéderm®, Juvederm Voluma, Juvederm Vollure, Juvederm Volbella, Restylane®, Restylane Silk, Restylane Lyft, Restylane Defyne and Restylane Refyne. Recommended every 6-12 months.

THREADS

Non-surgical, non-invasive thread injections produce an immediate lift for the cheeks, jowls, neck, lips and body. For patients desiring more of a lift as opposed to volume, threads offer an innovative addition to dermal fillers. Over time the absorbable threads dissolve leaving new, fresh collagen and elastin fibers to strengthen the skin's scaffolding for a tight and lifted appearance. Provides substantial rejuvenation similar to a mini-facelift.

KYBELLA®

First and only FDA-approved injectable drug that improves the appearance and profile of moderate to severe fat below the chin also called the "double chin," to restore a youthful and slimmed facial contour.



SKIN REJUVENATION

FRACTIONAL LASER RESURFACING

Fractional multi-platform device deeply penetrates the skin to stimulate collagen production and resurface skin's upper layers. Providing results after one treatment, this comprehensive technique corrects the appearance of fine lines and wrinkles, brown spots, scars, birthmarks and stretch marks.

ERBIUM LASER RESURFACING

Minimally invasive Erbium YAG laser removes surface pigmentation and mild to moderate fine lines and wrinkles by resurfacing skin's upper layers of the skin through a micro-targeting approach to reveal younger, healthier cells. Ideal for face, chest, hands.

CLEAR + BRILLIANT™


This gentle laser treatment addresses early signs of skin aging to refresh skin and help achieve a more even tone, smoother texture and reduced pore size. Clear + Brilliant is also a novel way to topically deliver antioxidants deep within the dermal layer to stimulate collagen production and repair damage.

IPL PHOTO FACIAL

This gentle photo-rejuvenation device targets brown spots, sun damage, broken capillaries, redness and rosacea to restore a brighter, more even skin tone and clear complexion. Ideal for addressing pigment irregularities on the face and body.

ULTHERAPY®

This revolutionary, non-invasive ultrasound procedure lifts and tightens lax skin on the brow, lower face, under the chin, neck, décolletage and body by stimulating the production of new collagen and elastin deep within the structural support layers of the skin.



SKIN REJUVENATION

MICRONEEDLING

Minimally-invasive skin rejuvenation treatment creates precise and controlled micro-injuries to promote collagen remodeling and allow for targeted delivery of customized booster. By stimulating skin's natural healing process the appearance of fine lines, wrinkles, scarring and stretch marks are reduced.

Corrective Boosters

- Brightening Complex: Lightens brown spots and acne scars while brightening overall complexion.
- Hyaluronic Acid: Retains essential moisture to plump and hydrate skin.

MICRONEEDLING WITH PRP (PLATELET RICH PLASMA)

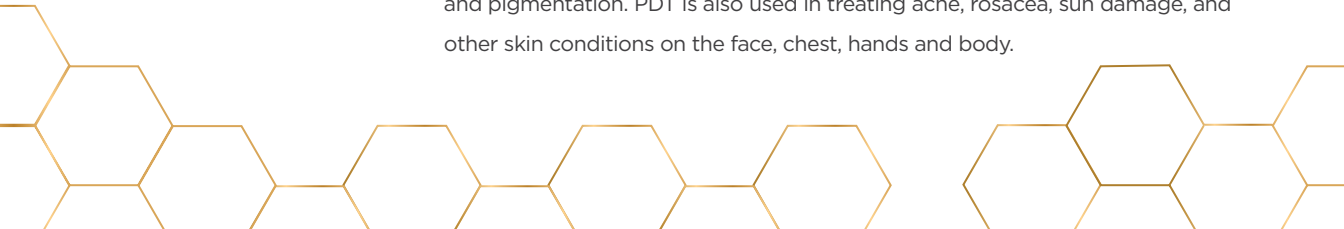
This cutting-edge preventative and corrective therapy harnesses the body's natural healing process for complete rejuvenation. Growth factor rich plasma derived from each patient's own blood sample is microneedled or injected into the skin to initiate collagen production, cellular damage repair and essential nutrient delivery.

RF MICRONEEDLING

The newest revolution in rejuvenation, tightening and contouring for the face, neck, hands and body. Combining two star corrective modalities - radio frequency and microneedling, this intensive treatment regenerates the upper and lower layers of the skin to promote comprehensive renewal and repair. This no-downtime treatment rejuvenates skin to reduce fine lines and wrinkles, even skin tone, refine texture, enhance firmness and illuminate skin.

PDT REJUVENATION

Photodynamic Therapy (PDT) effectively treats pre-cancerous cells, with the added benefit of evening out skin's texture and minimizing fine lines, wrinkles and pigmentation. PDT is also used in treating acne, rosacea, sun damage, and other skin conditions on the face, chest, hands and body.



FACIALS & CHEMICAL PEELS

MEDICAL FACIAL WITH CHEMICAL PEEL

This deep cleansing clinical treatment is customized to benefit any skin type. The face is cleansed, steamed, and gently extracted of all impurities. A chemical peel specifically chosen for your needs is then applied. Recommended every 4-6 weeks to maintain clear, healthy skin.

DERMAPLANING FACIAL

Get that red carpet ready glow with an effective and state-of-the-art way to exfoliate the skin. Our expert aesthetician uses a specialized instrument that works on a micro-thin layer to gently remove dead skin cells. This is then followed by a light peel to give your skin an instant, radiant glow.

HYDRAFACIAL

Multi-corrective delivery system, utilizing the power of H₂O and gentle acids, effectively cleanses, exfoliates and extracts impurities and dead skin cells while infusing antioxidants and nutrients into the dermis. Safe and effective for all skin types, addressing fine lines, congested pores, dehydration, texture issues and photo-damage.

CHEMICAL PEELS

According to your skin type and concerns, our expert aesthetician will choose from a variety of peels including: lactic, glycolic, salicylic, jessner and TCA, or a combination of these acids. These peels target hyperpigmentation, firmness, texture, redness, pore size and oil production. Immediately, your complexion appears clear and refreshed.

INTRACEUTICALS OXYGEN ADD-ON

Visibly plumps and hydrates skin for an instant, radiant glow. Can be included as part of a Dermaplaning or Hydrafacial treatment, or enjoyed as an express 30-minute treatment for a gorgeous-looking complexion.

Pressed for time?

All facials can be offered as an express treatment for 30 minutes.



OTHER SERVICES

LASER HAIR REMOVAL

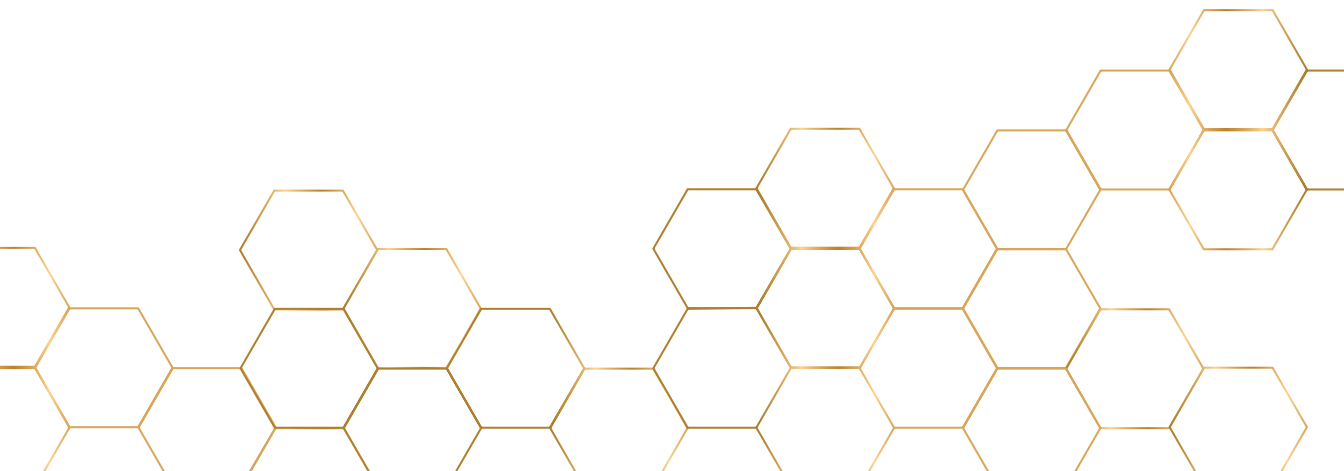
Light-based device uses pulsating energy to target and destroy hair follicles, permanently inhibiting future hair growth on the face and body. Series of 5-7 sessions is suggested.

EYEBROW SHAPING

Our eyebrow specialist perfectly reshapes each brow according to facial structure. Over time harsh waxes and threading can aggravate the skin and breakdown the skin's protective barrier. This chemical-free, non-irritating brow-shaping treatment will leave skin healthy and unharmed.

MICROBLADING

Microblading is a form of permanent makeup applied directly into the eyebrow skin to simulate the appearance of defined, natural-looking hair strokes. This service entails an initial treatment followed by one perfecting session 4-6 weeks later. Results can last up to 2 years.



LED LIGHT THERAPY

RED LIGHT

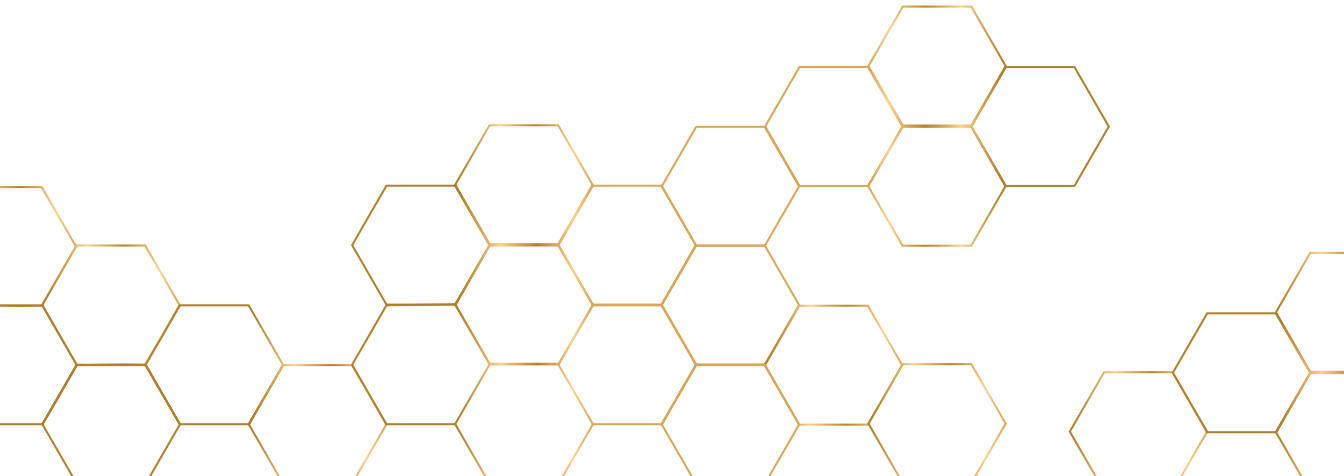
Utilizing light based therapy, this cellular treatment helps repair damaged skin cells, boost micro-circulation, and stimulate collagen synthesis to brighten and smooth photo-damaged skin. Recommended every 4 weeks.

BLUE LIGHT

Clinically proven, this LED light treatment destroys acne-causing bacteria responsible for inflammatory acne, cystic breakouts and blemishes, without any of the adverse effects associated with traditional prescriptions. Recommended every 4 weeks.

SKINSCOPE LED ANALYSIS

All consultations begin with a detailed skin analysis, using our Skinscope LED. This device utilizes two light modes: Daylight, and LED-UV. While some skin concerns are visible in everyday light, some are only visible under UV light, which highlights concerns and damage beneath the skin's surface.



BODY CONTOURING

COOLSCULPTING®

Non-surgical body contouring treatment uses controlled cooling to freeze and permanently eliminate unwanted, stubborn fat cells, providing results after one treatment.

DEOXYCHOLIC ACID

A breakthrough injectable treatment permanently destroys fat cells, using deoxycholic acid naturally found in the body. Targets stubborn pouches of fat to contour and redefine the body.

CELLFINA

The only FDA-approved, minimally invasive procedure to improve the appearance of cellulite by releasing fibrous bands under the skin for long-lasting, smoothing results.

ULTHERAPY®

This revolutionary, non-invasive ultrasound procedure lifts and tightens lax skin on key body areas by stimulating the production of new collagen and elastin deep within the structural support layers of the skin.

RF MICRONEEDLING

Non-invasive treatment combines two gold standard technologies, radio-frequency and microneedling, to stimulate new collagen production and promote regeneration. As a result, skin is even, tighter and lifted. Optimal for body tightening, scar revision and stretch mark improvement.





PRODUCT JUNKIE?

Are you taking advantage of our skincare product rewards program designed exclusively for our VIPs?

Purchase any of our skincare products and receive a complimentary aesthetic service at Russak Dermatology Clinic!

SPEND ON SKINCARE	ENJOY
\$1000	FACIAL (VALUE \$350)
\$2000	CLEAR + BRILLIANT TREATMENT (VALUE \$500)
\$3000	BOTOX ON CROW'S FEET (VALUE \$500)
\$4000	SYRINGE OF FILLER* (VALUE \$1000)

Don't forget we offer complimentary ground shipping on all orders over \$150.
Phone and email orders welcomed.



115 EAST 57TH STREET, 12TH FL, NEW YORK, NY 10022 • T:646-873-7546 • WWW.RUSSAKDERMATOLOGY.COM • @RUSSAKDERM